



# Derry Medical Center Londonderry Family Practice

VOLUME 5, NUMBER 11

*Your family health matters*

SPRING 2007



Derry Medical Center, Londonderry Family Practice, and Derry Imaging Center are once again proud participants in this year's **Breast Cancer 3-Day** which takes place in Boston, August 3-5, 2007. We have a team of 6 walkers and 6 crew members who will join thousands of other men and women for three days and walk 60 miles in a bold display of courage and commitment. It is a weekend of hope, as we honor lives lost, celebrate survivors, promote breast cancer research and help bring breast cancer care to those who so desperately need it. Each walker commits to raising at least \$2,200 before the event, which is \$13,200 for our team. Last year, with your support, our combined total was over \$23,000! Net proceeds from the Breast

Cancer 3-Day benefit the Susan G. Komen Breast Cancer Foundation to fund breast cancer research, education, screening, and treatment programs, as well as the National Philanthropic Trust Breast Cancer Fund, a special field of interest fund for breast cancer initiatives.

The purpose of this letter is to ask for continued support from our Community. We will host our **2nd Annual Silent Auction** on **Friday, June 22, 2007** at Overlook Medical Park. This was our most successful fundraiser last year and we are very excited to host it again. We are looking for donated auction items such as merchandise, game tickets, services, art, gift certificates, or anything of value that would help us raise money for such a great cause. All donations are tax-deductible, and the Breast Cancer 3-Day Tax ID # is 23-7825575.

If you are interested in donating an item or service to our auction, or would like to make a financial donation to the Breast Cancer 3-Day in support of our team, please contact Julie McGinnis at 537-1370 or Stephanie Shirley at 537-1316.



Thanks in advance for your support!

DMC Breast Friends  
for Life 3-Day Team

## SMOKING Cessation Class

In collaboration with the American Cancer Society; "Fresh Start Tobacco Cessation Program" will begin on Thursday, May 17, 2007 from 5:30-7:00 pm. The program consists of 4 classes and is run by DMC Physician Dr. David OuYang. The focus is on the effects of tobacco use, tools to help with quitting and general support. There are various speakers, activities and handouts as well as refreshments. Family is encouraged to attend. Classes are small, averaging

14-16 people and the cost is \$50. To get more information, or to sign up for the next class, call Erika Escher, Nurse Manager at 537-1365.



## Laser Specials

Imagine your Summer 2007: Not having to shave, pluck, tweeze or wax or those ongoing costly electrolysis treatments. Imagine not having to endure the pain of ripping out hair, being embarrassed about noticeable ingrown hairs or constantly shaving to remove day-old stubble. By starting your laser hair removal treatments now, you will eliminate all these troubles and experience the freedom to thoroughly enjoy summer's skin-baring season. To get ready for Summer 2007, Allure also offers treatment for pigmented lesions, small lines and wrinkles, spider veins and skin tightening. Call or email us today to find out about our [25% Off All Treatments Spring Special!](#)



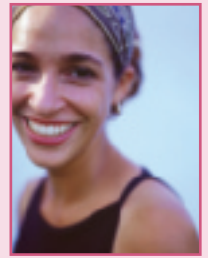
### FINANCING IS NOW AVAILABLE

You may now finance your laser hair removal services at Allure Laser Hair Removal through Care Credit. Contact us for more details.

**Please Note:** You do not need to be a patient at Derry Medical Center to schedule an appointment for laser hair removal.

*Evening appointments are now available for your convenience.*

## Cancer Patient Makeovers



**"Look Good . . . Feel Better"** is the theme of a free program sponsored by the American Cancer Society, The Cosmetic, Toiletry and Fragrance Association Foundations (CTFA) and the National Cosmetology Association (NCA).

Cosmetology Professionals are offering free services to cancer patients at Derry Medical Center. Volunteers will help with Makeup Application, Dry Skin, Discolored Nails, Choice and Care of a Wig, and using Scarves, Turbans and Hats. Cancer Treatments present psychological issues due to hair loss and skin changes. The goal is to help people with cancer look better, so they will feel better. Products are donated by the Cosmetic industry.

The first session was held on December 14th in the Derry Imaging Center and was a great success.



The next session will be held on Thursday, May 10, 2007 from 5:30-7:30 pm. To register, call Deb Lyons at 537-1377.

## Don't forget to schedule your Camp & College Physicals



Derry Medical Center  
*Your family health matters*

## "THE BIGGEST LOSER" for teens

### Weight Loss Group for Teens 14-18 years old

*Receive meal & exercise plans, learn about shopping, cooking & eating out, make better choice from cafeteria menus*

Movies & Guest Speakers

To be held at • Derry Medical Center  
Wednesdays, after school • 3:45-5:00 pm • Group starting May 2nd thru June 20th

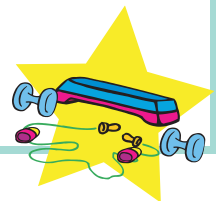
**Look Good & Feel Good for summer 2007**

All for Only \$50 per person OR 2 Teens for \$80 • Bring a friend and save \$10

To Register, call Sue Olson, *Registered Dietitian*

Open to the Public

**537-1393**



Watch For

**"THE BIGGEST LOSER"**  
*for adults*

September 2007